



DUCKS Longham Lake Risk Assessment

<b>Activity</b>	Club Paddle Longham Lakes	<b>Reviewed by</b>	Kevin Anderson
<b>Date</b>		<b>Date</b>	Mar 23

<b>Hazard</b>	<b>Who might be affected?</b>	<b>Risk controls</b>	<b>Any further action needed</b>	<b>Who by?</b>	<b>Date to complete</b>	<b>Done</b>
Roads and Traffic	All	Caution when moving on road ways.  As far as possible keep paddlers and equipment on the grass areas.				
Moving boats manual handling	All	Training on boat handling.  Request assistance if needed.  Care lifting boats above chest height.  Ensure the floor area is clear.				
Slips trips and falls	All	Appropriate footwear  Brief people on uneven surfaces and steps.				
Lake entry points	Paddlers	Warn of possibility of slippery surfaces and the need for caution.				



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Clothing and personal safety equipment	Paddlers	<p>Appropriate clothing for activity.</p> <p>PFD to be worn at all time on the water</p> <p>Wearing helmets by all normal practice.</p>				
Waterborne diseases Algae etc	Paddlers	<p>Encourage washing after contact with water.</p> <p>Follow advice from Lake owners on suitability of lake water for paddling</p>				
Underwater hazards Entanglement	Paddlers	<p>Avoid capsizes, particularly intentional ones, near submerged trees and weed.</p> <p>Avoid marked danger areas of the lake</p>				
Pond weed/Algae	Paddlers	<p>Be aware that there have been significant plant growths in the lake. Avoid paddling near rafts of weed. Some form mats on surface. Others wrap round paddle blades.</p> <p>The LGsonic MPC-buoys inhibit the weed growth.</p>				
Drowning /Entrapment	Paddlers	<p>Train all paddlers on wet exit techniques.</p>				



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		Coach/experienced paddler to be with each group.				
Night Paddling	Paddlers	Lights to be used to identify position of paddlers				
Hypothermia	Paddlers	Appropriate clothing  Assess temperature before deliberately entering water, eg wet exit.  Monitor fellow participants for signs, remove from water if needed				
Clearing water	Paddlers	Register for activity, eg name on white board, remove at end.				
First Aid	All	Location of First aid kits. Available in the container, on shelves. Also in the Hut on wall outside classroom area.  AED on wall outside classroom				